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ATRIAL FIBRILLATION

Atrial fibrillation at a glance

Source: https://www.cdc.gov/heartdisease/atrial_fibrillation.htm

"Atrial fibrillation", often called AFib or AF, is the most common type of treated heart arrhythmia. An arrhythmia is when the heart beats too slowly, too fast, or in an irregular way.

When a person has AFib, the normal beating in the upper chambers of the heart (the two atria) is irregular, and blood doesn't flow as well as it should from the atria to the lower chambers of the heart (the two ventricles). AFib may happen in brief episodes, or it may be a permanent condition."

Facts about AFib According to CDC:

- About 12.1 million people in the United States will have AFib by 2030.
- AFib was mentioned on 175,326 death certificates in 2018 and was the underlying cause of death in 25,845 of those deaths.
- Due to the number of AFib cases increasing with age, and women generally living longer than men, more women experience AFib than men.

Symptoms may include:

- Irregular heartbeat
- Heart palpitations (rapid, fluttering, or pounding)
- Lightheadedness
- Extreme fatigue
- Shortness of breath
- Chest pain



For more information, visit:

<https://www.naltblackchurch.com/health/a-fib.html>